



Φ *athletic* HANDBOOK

Sports activities are an integral part of character and spiritual development at Calvary Murrieta Schools. Christians are commanded to be different from the normal world around them and this includes athletics (John 17:14, 17). The reason is that we have a different perspective from which to work. Jesus Christ is to be the center of all our attention, both on and off the athletic field. We are to have His attitude, actions and mind set (Philippians 2:5, Romans 8:29). We are to do everything as unto the Lord and not as unto men (Colossians 3:23). In other words, we are to perform as if Jesus were the only one watching (Hebrews 12:1-2). Jesus loved us so much that He gave Himself up for us (Philippians 2:8). It is only natural then that we should give all we have to Him in return. In order to be like Christ, we need to study Scripture and rely on the Holy Spirit to guide us. Through this athletic ministry we are developing eternal values!!

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ATHLETIC MINISTRY AND VISION

Across the world, the coach stands as role model for student athletes, and many believe that coaches are some of the most influential people in an athlete's life. But the big question is, "What type of role model are these coaches?" We desire that each of the coaches and athletic staff who represent Calvary Chapel Christian Schools of Murrieta, live their lives on and off the field of play as Peter counseled us, "***Shepherd the flock of God which is among you, serving as overseers, not by compulsion but willingly,¹ not for dishonest gain but eagerly; nor as being lords over those entrusted to you, but being examples to the flock; and when the Chief Shepherd appears, you will receive the crown of glory that does not fade away.***" (1 Peter 5:2-4) NKJV With that mind set we know that Christ will supernaturally empower our coaching staff to maximize the potential of each relationship and, in doing so, build Christian leaders for generations to come.

We may win games, and we may lose games...but we will learn from and profit by every experience. In the end, if we commit ourselves to His purpose and work together in a vision shared unanimously, we will win every time – regardless of how the scoreboard or stat sheet reads. We are not interested in the outcome of each isolated event; we are keeping our eyes focused for eternal victory. "***Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.***" (Heb 12:1-3) NKJV

ATHLETIC MINISTRY CORE VALUES

The Athletic Ministry at Calvary Chapel Christian Schools of Murrieta breaks down the philosophy of sports into four key values that run under the banner of Excellence in Christ while centering and revolving around prayer.





Pursuing Excellence – In our relationships we will demonstrate steadfast commitment to Jesus Christ and His Word by pursuing excellence through our core values of **Integrity**, **Serving**, **Teamwork**, and **Love** each revolving and centered on **Prayer**.

Integrity – We will demonstrate Christ-like wholeness, both privately and publicly.

2 Corinthians 4:1-2 “Therefore, since we have this ministry, as we have received mercy, we do not lose heart. 2 But we have renounced the hidden things of shame, not walking in craftiness nor handling the word of God deceitfully, but by manifestation of the truth commending ourselves to every man’s conscience in the sight of God..”

Serving – We will model Jesus’ example of serving.

Matthew 20:28 “just as the Son of Man did not come to be served, but to serve, and to give His life a ransom for many.”

Teamwork – We will express our unity in Christ in all our relationships.

Ecclesiastes 4:12 “Though one may be overpowered by another, two can withstand him. And a threefold cord is not quickly broken.”

Love – We will display a Love for God and a Love for man.

Matthew 22:36-39 “Teacher, which is the great commandment in the law?” Jesus said to him, “‘you shall love the LORD your God with all your heart, with all your soul, and with all your mind.’ This is the first and great commandment. And the second is like it: ‘You shall love your neighbor as yourself.’”

FIVE STATEMENTS OF A CALVARY MURRIETA WARRIOR

As Christ speaks into our lives and reminds us to build our foundation on Him the living rock, we build upon our core values of **Integrity**, **Serving**, **Teamwork**, and **Love**, each revolving and centered on **Prayer**, with the following five statements of a Calvary Murrieta Warrior. Knowing that in our house, the WARRIOR HOUSE hangs the banner of CHRIST for which we live out an enduring pursuit of His Excellence!



1. **As a Christian, each individual of the CM Athletic Ministry fights for a cause beyond himself or herself.** In every moment of every competition, every practice, every locker-room conversation and late-night van ride, we have the opportunity and the responsibility to proclaim the Lordship and character of Jesus Christ. Fans, opposing athletes and their fans, officials, sports writers, family members and team mates will judge the character of Christ by what they see and hear in us. Every individual of the CM Athletic Ministry represents Christ – always! ***“We are Christ’s ambassadors, and God is using us to speak to you. We urge you, as though Christ himself were here pleading with you, ‘Be reconciled to God’” 2 Cor. 5:20 NLT***

2. **As a Christian, each individual of the CM Athletic Ministry will share the love of Christ in every relationship.** In Christ’s words, ***“So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other.” John 13:34*** Scripture also instructs us to ***“edify” 1 Cor 8:1*** one another and to ***“bear one another’s burdens.” Gal 6:2*** By building teams where each member is valued and respected, we will teach and equip our student-athletes with life lessons which no classroom experience will ever approach. Every student-athlete will be loved and valued – always!

3. **As a Christian, each individual of the CM Athletic Ministry will accept responsibility, lead courageously and manifest God’s grace to others.** We will teach our athletes to practice empathy, inclusion and righteousness. Every student-athlete will grow in spiritual and physical maturity – always! ***“So Jesus grew both in height and in wisdom, and he was loved by God and by all who knew him.” Luke 2:52***

4. **As a Christian, each individual of the CM Athletic Ministry will learn the importance of serving others well.** Christ led not with a sword but with a towel, washing the feet of those who were closest to Him even in the full knowledge that one of them, Judas Iscariot, would on that same night betray Him. Every individual of the CM Athletic Ministry will strive to serve – always! ***“For you have been called to live in freedom--not freedom to satisfy your sinful nature, but freedom to serve one another in love.” Gal 5:13***

5. **As a Christian, each individual of the CM Athletic Ministry will learn to recognize the false values of the culture which surrounds us.** We will learn the value of faith, love, authority, unity, acceptance, patience, discipline, gentleness and forgiveness. We will not measure our value as individuals by wins and losses, by athletic prowess, by our appearance, by financial status, by what we eat or drink or wear, by age or height or race or experience. Paul testified that he had been careful in his own ministry not to rely on the “wisdom” of this age which is passing away but instead ***“determined to know nothing among you except Jesus Christ, and Him crucified” (1 Cor. 2:2).*** Every individual of the CM Athletic Ministry will glory in the Truth – always! ***“Pay close attention to yourself and to your teaching; persevere in these things; for as you do this you will insure salvation both for yourself and for those who hear you” (1 Tim. 4:16).***

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ATHLETIC FEES

An athletic fee will be charged to everyone who desires to compete in sports at Calvary Murrieta Christian School. This fee will help defray the expenses (protective equipment, official fees, tournament entry fees, uniforms, etc.) related to running an athletic program. An Athletic Fee Schedule is available for your convenience in the Athletic Office. The athletic fee does not carry with it an implied guarantee of playing time; rather it is a fee which allows a student the opportunity to be involved in Warrior Athletics.

The athletic fee must be paid before the athlete attends the first official practice pertaining to the sport’s perspective season. If the athlete does not make the team, the



athletic fee will be refunded to you in the athletic office. **A member of the team is defined as a player who has been on the team roster during an official practice, or a player who has made the final cut in a sport that has gone through that process. Sorry, no refunds will be issued on any sports fees. If an athlete quits, the athlete will be responsible to pay their athletic fee in order to be considered for another sport.**

F U N D R A I S I N G

In addition to the Athletic Fees, students may be required to participate in fundraising activities when necessary to further offset costs of their particular sport.

ATHLETIC DIRECTOR

Jeff Nichols joined the Calvary Murrieta team in early 2015 and brings over 25 years of experience in school administration and coaching at the high school and collegiate levels. Mr. Nichols is a certified athletic administrator through the NIAAA, considers Christian athletics a gift-oriented ministry and truly God's calling in his life. He and Kathy Nicholson work as a professional team to provide the finest athletic programs for Calvary junior high and high school student-athletes.

ETHICS OF COMPETITION

The competitive experience provides for a very unique and intense learning environment. The athletic field is a classroom where students are molded into who they will be for the next 20, 30, even 50 years. We must demonstrate an attitude of enthusiasm, encouragement and discipline. We must be humble in victory, gracious in loss, we will be servant leaders, consistent, and forgiving. The competitive experience will bear tremendous fruit as we focus our eyes on Christ (Heb 12:1-2), strive to develop our character and live out our faith in our community.

PRINCIPLES OF COMPETITION

- 1. Competing as a Warrior is a Privilege** - Athletics is voluntary. Participation is not required for graduation and thus, being on a sports team is a privilege which must be earned and is not a right. With that privilege come responsibilities to maintain the established standards of conduct of CMCS written in this handbook and the school handbook.
- 2. Academics is THIRD!** – Christ FIRST, Family SECOND, Academics THIRD, and Athletics FOURTH. Athletics are just one of many parts of the education program that is provided students at CMCS. The reason students are in school is to learn and therefore academics will always come third. Maintaining academic eligibility is the student's responsibility, not that of coaches or teachers. In addition to maintaining eligibility standards, an athlete should give respectful attention to classroom activities and show respect for students and faculty members at all times. When leaving a class be courteous and respectful to those around you. A student athlete should have a good attendance record and never cut classes or school. Eligibility can also be lost because of poor attendance or citizenship.
- 3. Compete with Everything We Have** - God has given us many gifts and we need to use these gifts to the fullest potential. With humility and a fierce resolve, we strive to perform at our highest level in order to glorify God. A whole-hearted concentration and effort to be the best we can be is what we ask of all our



athletes. Give 100 percent, 100 percent of the time!

The Character of Excellence - We want to compete with character and class. We want to bless opponents, fans, and officials with our play and our attitude. Warrior Athletes pursue excellence in ministering the Hope of Christ at all times. Athletes should come to practice on time, ready to listen and ready to learn. Athletes should be prepared physically and mentally for the season. This includes training in the preseason and taking care of your body and mind during the season. (Even on breaks!)

"Perfection is not attainable, but if we chase perfection we can catch excellence." Vince Lombardi

Pursuing excellence in our athletic programs gives our coaches the opportunity to develop and instill Christian character into the members of their teams. True leadership flows first and foremost out of deep and unwavering Christian character and our character is rooted in Christ alone, win lose or draw.

All student athletes shall abide by the Five Statements of a CMCS Warrior. This will earn them the honor and respect that participation and competition in the interscholastic program affords. Intimidation or forms of "trash talk" will not be tolerated.

A Christian student athlete should be:

Diligent in preparation

Relentless in effort

Disciplined by nature

Respectful in actions

Self-controlled with words

Humble in spirit

Aggressive in pursuit of excellence without regard to the score, opponent, time, referee, or environment.

As Christian student athletes display these characteristics, good things usually happen, teams are successful, players are motivated, fans are supportive and enthusiastic, parents are proud, prospective athletes want to participate, and very often non-believers are drawn to Christ. The conduct of a Christian athlete is closely observed in many areas of life. It is important that their behavior is above reproach in ALL areas.

4. Portraying Christ on the Field - An athlete's goal is to have complete control of him/herself at all times. The athlete should be gracious in no matter the contest situation. It is always courteous to congratulate the opponent on a well-played game after the contest whether in victory or defeat. Athletes should not exhibit fits of temper, clowning, ridicule when things fail to go as desired or when being replaced by a teammate. An athlete should never use profanity or illegal tactics in competition or practice. Horseplay and unnecessary talking are not approved habits of behavior. We are Christ's ambassadors and with that in mind, we must represent Christ in all that we do and say during practice or game time situations.

"Now then, we are ambassadors for Christ as though God were pleading through us: we implore you on Christ's behalf, be reconciled to God." 2 Corinthians 5:20

Officials in a game are there for the purpose of insuring that both teams receive a fair playing field. Officials do not lose a game for you. It is athletic tradition and



rule that no one except the captain talks to the official, and he or she should speak in a tone of respect and for the purpose of clarifying a rule. Any behavior contrary to this is a direct reflection on the School, team, coach and our Lord and will not be tolerated. If we play as ambassadors of Christ, with his banner waving on our sideline, with control over our actions, his Glory will fill the field of play.

- 5. Against Our Best Self** - Our main competition is the battle that takes place within us and is one of the only things we can control. We can control our attitude, our effort, and our practice habits. On the other hand, we cannot control the officials, the opponents, the game field, or the weather. So it is important to focus on what we can control.

"Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air. But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified." 1 Corinthians 9:26-27

- 6. Attitude** – The way we behave is of great importance. Athletes should be leaders whom fellow students respect and follow. Growth is difficult and stretches our attitude. Will we snap or will we be able to keep our focus on Christ and our attitude in check during a time of trial. Real leaders will accept this responsibility, realizing they influence many others on the campus. Athletic leaders work for the betterment of the school and what is right and good for their fellow students. Improper display of affection between boys and girls in public are in poor taste and weakens the athlete's example of Christ like behavior. To be a follower of Jesus Christ is to keep our attitude in check. Hazing of students, fighting and trash talking are traps that are easily fallen into and should be opposed vigorously at every opportunity.

- 7. Hard Work** - Nothing worthwhile is easy. The investment to be the best we can be will be great so we must be diligent and hard-working

Do you see a man who excels in his work? He will stand before kings; He will not stand before unknown men." Proverbs 22:29

Bondservants, obey in all things your masters according to the flesh, not with eyeservice, as men-pleasers, but in sincerity of heart, fearing God. And whatever you do, do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ. - Colossians 3:22-24

A Warrior athlete needs to have the mindset that he or she is competing or practicing for an audience of One. Christ is our constant Coach and we should purpose in our hearts that even if the coach or my fellow teammates are not watching, I will push myself during those hard times and sow the seeds of the Spirit.

"A man reaps what he sows. The one who sows to please his sinful nature, from that nature will reap destruction; the one who sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up." Galatians 6:7-9

- 8. With Smiles** - Enjoying each other and appreciating the journey that we are on are very important ingredients to our success. Playing great is fun and we should encourage each other to be great with the joy of the Lord on our faces.



"Therefore if there is any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any affection and mercy, fulfill my joy by being like-minded, having the same love, being of one accord, of one mind. Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself." - Philippians 2:1-3

Athletes learn many skills to play their chosen sport but the most important skill that must be learned is teamwork. To be successful, every member of the team must work together to make the whole greater than the sum of the parts. If the machine is not running smooth, oil is needed. We have found over the years that the best oil is the joy of the Lord! The Spirit of the Lord is our strength and the oil that keeps the team working together.

- 9. Stewards of Our Facilities** - A Warrior athlete takes responsibility in the care of all athletic facilities. If something is broken (by you, someone else or you just see it broken) it is your duty to let the coaches know. Taking care of your field of play is your duty. Equipment should be regarded as your own and your responsibility if lost or damaged.

He also said to His disciples: "There was a certain rich man who had a steward, and an accusation was brought to him that this man was wasting his goods. So he called him and said to him, 'What is this I hear about you? Give an account of your stewardship, for you can no longer be steward.'" - Luke 16:1-2

Remove cleats and/or muddy shoes before entering the locker room, bathrooms and gym. You should refrain from rough housing or throwing things while in the facilities. You shall give proper respect to all adults and team managers. Use only the locker issued to you during P.E. Make certain your belongings are in your locker and keep it locked. Pick up all trash and dispose of it properly. The lockers are School property and the School reserves the right to inspect lockers and its contents at any time.

- 10. School Spirit** - A Christian athlete cannot be selfish. Each athlete should furnish spectator and rooter support for those teams in which he or she is not a participant. This means supporting the cheerleaders, other teams, the band, and the fine arts production groups with a positive attitude in word and action. Think about traditions that you as a Christian athlete would like to see handed down year after year and set high standards for achievement and positive school spirit. Be positive about your school and team.
- 11. Love the Challenge** - **In every** season we face many challenges. Off-season programs, injury, sudden change due to an error are all common to a team, but how it is handled is up to the individuals of the team. An attitude of loving the challenge must be developed so that it is a key attribute of our teams.
- 12. Our Opponent's Best** - We want our opponents to be at their best. This proves the biggest challenge and test for us. We believe that we compete against ourselves alone. That being said, we take the talents or gifts we have been given and battle our doubts, insecurities, laziness, fears or wandering minds, not the opponent. Yes we play against our opponents, but the real game is with in our hearts. It is wonderful opportunity we have to play for the glory of God but if we compete against a team that is playing half hearted, or below their best, it is simply not as fun and we find that we do not have to dig as deep and that in turn hurts us as a team. We want our opponents best because it is for our best, and our best is for His glory!



13. The Scoreboard Alone Will Not Define Success - Our success is determined by our ability to reach our potential in all the above principles. Athletics is more than just a game between individuals or teams representing different schools. It is a means of learning the lessons of life. Winning and losing are a part of competition and should be done with modesty in victory and graciousness in defeat.

Wherever we go and whatever we do, we represent Jesus Christ. We are His ambassadors. The Calvary Murrieta Athletic Ministry's top priority is to exemplify the character of Christ. Therefore, it is essential that every coach, every player, every parent, every student, and every fan maintain a good Christian witness at all of our athletic events. Other teams and their fans, both Christian and non-Christian, are watching us, and we have a great opportunity to display God's honor so that they might be drawn closer to Jesus and His saving grace.

How does the world know that we are authentic followers of Christ? By the love we demonstrate and by our unity. Jesus said, *"By this all men will know that you are My disciples, if you love one another."* (John 13:35) He also prayed for us: *"May they be brought to complete unity to let the world know that You sent Me and have loved them."* (John 17:23) As parents and fans we can do this together in the following ways:

- Demonstrate respect to opposing players and coaches. Don't razz them.
- Demonstrate respect to the officials. Please don't harass the referees.
- Shout encouragement to our team. Let the coach do the coaching.
- Keep each other accountable. Remind each other we want to be a positive Christian witness.
- Don't talk bad about the coach in front of your child. Support the coach and his decisions.
- "Go the extra mile." Think of ways to be a blessing to the other team and their fans.
- Win or lose with humility and grace.
- Always keep in mind we are His ambassadors, representatives of Christ and His Kingdom.
- Maintaining this attitude, we win the most important battle. We can then give every effort to compete and win our games as a team. We work hard to be champions!

Breaking a commitment with a team will restrict an athlete's participation in other sports for the period of one year. Quitting a sport program hurts every dynamic of CMCS sports programs. Sports fees are not refunded!



ETHICS OF CALIFORNIA INTERSCHOLASTIC FEDERATION (C.I.F.)

Jr. High Athletics is not officially regulated by C.I.F. However since it is the regulating body of all California High Schools, Calvary Murrieta has chosen to abide by their core ethics, follow their game rules (with league exceptions), and use their trained officials when ever possible. The following statement is the C.I.F. Code of ethics.

Athletics is an integral part of the school's total educational program. All school activities, curricular and extracurricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social and moral development of its students. It is within this context that the following Code of Ethics is presented.

As an athlete, I understand that it is my responsibility to:

1. Place academic achievement as the highest priority.
2. Show respect for teammates, opponents, officials and coaches.
3. Respect the integrity and judgment of game officials.
4. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
5. Maintain a high level of safety awareness.
6. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
7. Adhere to the established rules and standards of the game to be played.
8. Respect all equipment and use it safely and appropriately.
9. Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
10. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation.
11. Win with character, lose with dignity.

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Article 524).

By signing below, both the participating student athlete and the parents, legal guardian/caregiver hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We recognize that under CIF Bylaw 200 D, there could be penalties for false or fraudulent information. We also understand that Calvary Chapel of Murrieta's policy regarding the use of illegal drugs will be enforced for any violations of these rules.



TRAVELING

Some trips may require the athlete to leave school early. This carries a huge responsibility. The athlete's class time is very important, do not leave earlier than the dismissal time set for practices, games or athletic functions. It is the responsibility of the athlete to make sure they have spoken to all their teachers ahead of time regarding assignments and class discussions they will miss. When leaving during a class, be respectful of those around you and conduct yourself in a quiet and professional manner.

On trips each student athlete directly represents the Lord, Calvary Murrieta, the team, and the coaches. It is expected that all student athletes dress in an acceptable manner as the coach directs when traveling. Calvary athletes are to conduct themselves in their vehicle in a respectful manner in keeping with this code.

Athletes are expected to be on time to depart for their away games. Failure to be on time can result in being left at the school and not starting in that game or match (this has some variables due to team size and game/match commitments and rules). Athletes will travel to and from games on the transportation provided by the school. Parents who wish to pick their student athlete up from an event must sign the student athlete out with the coach. Students are only allowed to leave with their parents, their assigned driver, or custodial guardians.

Under extenuating circumstances, it is possible for an athlete to use other means of transportation provided the parent/guardian makes arrangements with the coach prior to the activity (i.e. written request stating specifics and signed by parent/guardian). Under no circumstances is an athlete released to another student driving a vehicle.

On the return trip home, athletes will be reminded to call their parents from the road (i.e. dinner location, cell phone). This shows respect for the time of the coaches, parents and other athletes involved on the trip.

On trips each athlete directly represents the Lord, the community, the school, the coaches and their family. Therefore, it is expected that all involved dress in accordance with the student handbook when traveling and conduct themselves on the bus in a manner in keeping with this code. Violations may result in suspension from the next game. You will go to and return on the bus or vans on all trips unless your coach has granted special authorization.



CLEARANCE PROCEDURE

Each student who would like to be considered as an athlete at CMCS must be cleared to participate. Once each of the items have been turned into the athletic office we will issue you a clearance receipt. The following are the items need for that clearance.

A C A D E M I C E L I G I B I L I T Y R E Q U I R E M E N T S

No less than a 2.0 ("C") Grade Point Average (GPA) in previous grading period while working on required courses. *This is outlined further in the Eligibility Requirements section of this handbook.*

I N S U R A N C E

Students participating in interscholastic sports are required by California State Law to have medical insurance. CMCS does NOT provide ANY medical coverage for its athletes. Please provide the following insurance information as evidence of your student's existing medical coverage. If your student is not insured, you must purchase medical insurance coverage for him/her. All costs for such insurance coverage will be the responsibility of the parents (or guardians). Medical expenses, which are declined for payment through the camper's personal insurance and/or through the excess policy becomes the personal responsibility of the camper's parents/guardian.

P H Y S I C A L

An annual physical exam is required for a student to participate in interscholastic authorized school practice sessions, pre-season try-outs and summer programs in any sport.

C L E A R A N C E R E C E I P T

ALL REQUIRED DOCUMENTS FOR CLEARANCE AND ACCESS TO REMIT SPORT FEES IS ONLINE!

This is NEW and the most convenient, efficient clearance method available!!

TO CLEAR THE STUDENT-ATHLETE:

Please go to <https://www.athleticclearance.com/> to register your Athlete into the Online Athletic data base:

- (You can add a sport by going back into your account, you will not need to enter all the information again for each sport.) ☺

You can drop off your sports Physical at the Secondary Campus athletic office and it will be uploaded to your Athletic Registration data base by CMCS athletic staff.

TO PAY SPORT FEES: http://www.cmcsmarketplace.com//sports_fees

Once the Online Clearance, physical and sports fees are complete and submitted online, **you will receive an email that your Student-Athlete has been cleared** and the athletic office will send a Roster of Eligible Athletes to your Coach. If you have any questions, please feel free to ask the athletic office.



ELIGIBILITY REQUIREMENTS

CMCS will notify all parents of each student's academic status by mail. At the nine week grading period report cards are issued through the mail after the nine week period. Expect to receive a progress card/report at home right after these dates. The report card and the June report card will describe a student's final grade in a class. All of the other reporting dates are designed to give every parent in school a view of their individual student's progress in class. Upon receipt of the progress card/report card parents are welcome to contact the school counselor to review their student's academic status.

In order for an athlete to participate in inter-scholastic sports the athlete shall achieve a grade point average of 2.0 in their academic core classes in each grading period preceding and or during the period of participation in the inter-scholastic sport.

The nine week progress card/report card will be utilized to determine a student's eligibility status for participation in athletic activities. At the end of the first nine weeks, those students who do not meet the academic requirements as well as with CIF (athletic) standards, will be identified. The students will have the next six weeks as a probationary period allowing them to bring up their grades for continued participation. If a student is unsuccessful in improving his/her grade." to the required standard, the student will not be eligible to participate until he/she meets the academic standards at the next grade reporting period.

The grading periods shall be considered consecutive and uninterrupted. Therefore, the second semester grade of the previous year shall be the basis for determining the first nine weeks eligibility for the following year.

7 - 1 2 S U M M E R S C H O O L G R A D E S - E F F E C T O N E L I G I B I L I T Y

Summer school grades shall be included to determine eligibility. In calculating eligibility, a summer school grade will replace the grade of a "like" course taken previously.

Grades/units earned in summer school classes which do not replace grades earned previously in "like" courses will be averaged with grades from the previous grading period (quarter in grades 7-8; semester in grades 9-12).

Summer school grades shall not impair a student's academic eligibility achieved in the previous grading period (quarter in grades 7-8; semester in grades 9-12). NOTE: This academic requirement also applies to eighth grade students entering the ninth grade. Because a successful season can be ruined by an ineligible student playing, the coach must closely monitor the eligibility of team members.

A C A D E M I C E L I G I B I L I T Y

In order to be academically eligible, a student MUST BE currently enrolled as a full time student. All of the following minimum standards MUST BE MET on previous report card.



Have a GPA of 2.0. No more than one "F". No more than one "U" (in citizenship); two "U's" from the same teacher will count as one.

Students entering CMCS from another school must be passing classes on their last grade report. All CMCS incoming freshmen will be required to meet all the above standards. The June report card will be used to determine eligibility for FALL sports. All head coaches have the authority to establish standards governing their students/athletes which are higher than or in addition to the general requirements. Written rules shall be given to the team prior to the start of the season.

A C A D E M I C H E L P

Tutorials, as scheduled by a teacher or parent, are acceptable as a valid excused absence from practice. Tutorials may be assigned for making up a test, individual help from an instructor or related issues. Working on a group project, or similar activities, is not a valid excuse. This tutorial session should run no longer than the designated tutorial time period of one hour, maximum. Prior notification must be made by the student/athlete to the coach. The teacher who administered the tutorial must send a note with the time of dismissal to the coach. This note must be delivered by the student/athlete. Tutorials will not be required on contest days.

STERIODS/PERFORMANCE-ENHANCING DRUGS

School personnel, including coaches, shall not sell, distribute, or promote to students performance-enhancing dietary supplements that promote muscle-building. School personnel and coaches may provide only non-muscle-building nutritional supplements to student athletes for the purpose of providing additional calories and electrolytes. Permissible non-muscle-building nutritional supplements are identified according to the following classes: carbohydrate/electrolyte drinks, energy bars, carbohydrate boosters, and vitamins and minerals.

School personnel, including coaches, shall follow the manufacturer's recommendations when discussing the use of any drug or food supplement with a student athlete. In order to minimize the health and safety risks to student athletes, school personnel shall not supply or recommend any drug, medication, or food supplement solely to enhance an athlete's performance.

The principal shall ensure that the following warning, reproduced in 10-point bold type, is posted in every locker room of schools with classes in grades 7-12 and contained in any contracts for the lease or rental of the school's athletic facilities: (Civil Code 1812.97)

Warning: Use of steroids to increase strength or growth can cause serious health problems. Steroids can keep teenagers from growing to their full height; they can also cause heart disease, stroke, and damaged liver function. Men and women using steroids may develop fertility problems, personality changes, and acne. Men can also experience premature balding and development of breast tissue. These health hazards are in addition to the civil and criminal penalties for unauthorized sale, use, or exchange of anabolic steroids.

DISCIPLINE

A student at Calvary Murrieta Christian School becomes a Warrior Athlete the second they wear the team uniform in presence of our school, classmates, teachers, opponents, family and friends. Students at Calvary are Warrior Athletes 365 days per year whether or



not they are in season or out of season. The following rules are in effect for all sports at Calvary Murrieta Schools:

- 1. No use of drugs, alcohol, or tobacco** at anytime and/or anywhere, whether during school or away from school (365 days per year). Proven use constitutes expulsion from the team. **The expulsion is permanent.**
- 2. Attendance** at all games and practices is mandatory. Also, you must attend at least three periods of school on game days or you will not be allowed to play. Final decisions on exceptions will be made by the Athletic Director.
- 3. Improper or questionable language** will not be permitted. Disciplinary measures will be taken the first time. If it continues, the Athletic ministry will make a decision on the eligibility of the athlete. Improper areas include swearing, boasting and disrespect to officials, players, or coaches.
- 4. Poor conduct and misbehavior** by a Warrior Athlete will not be tolerated. Warrior Athletes who receive multiple school discipline infractions (which will be defined by the school administration) not only risk their position on their team, but also the team's competitive status. Whether or not the infraction of the student athlete was conducted in the sports season or out of the sports season, it will affect his or her playing status.

If a student/athlete has an illness or medical appointment on the day of a contest and has been absent from classes, s/he may still play that day only with a written note from a doctor. **Up to two notes will be accepted.** Student/athletes should make every effort to schedule non-sport specific injury medical or dental appointments so as not to conflict with practices or games.

If a student/athlete goes home sick during the school day, s/he must notify the coach prior to leaving campus.

If a student/athlete is not in attendance at least 3 class periods, s/he may not participate in practice or a contest that day.

D I S M I S S A L F R O M A T E A M

Dismissal from a team is the last action a coach will take in attempting to discipline a student. Suspension, additional work, counseling, etc., are alternative ways of dealing with discipline problems. The following reasons may warrant dismissal:

- Failure to maintain required academic standards (see eligibility requirements).
- Suspension from school
- Smoking, chewing tobacco, or drinking alcoholic beverages, use or possession of drugs,
- Absent from practice or contests without a legitimate excuse.
- Improper conduct.
- Stealing.
- Use of obscene language and/or profanity.
- Insubordination to either coaches or other school personnel.

F I N E S

When equipment that has been issued to a student becomes lost, stolen, or damaged, (outside of competition or practice) replacement of that item becomes necessary and is subject to a fine. The procedure for issuing a fine should go through the Athletic Director.



No coach should collect fees. Until a student has paid all fines, he/she should not be allowed to participate in other sports on campus.

M I S S I N G P R A C T I C E

Student/athletes and parent/guardians should make every effort to avoid missing practice or games during the season. When a student/athlete is required by their parent/guardian to go on vacation, this is accepted as a valid excused absence from practice or games. Even though this is considered excused, the coaching staff frowns upon this practice. When a student/athlete returns, s/he is not guaranteed the previous spot.

A T H L E T I C S U S P E N S I O N R U L E

In the event a student athlete is written a discipline report that results into a school suspension. The student athlete will also be suspended from competing in a CIF regular season sanctioned match or game. The suspension rule is set for the entire school year even if the student athlete is "out of season."

Suspension will be the first game 36 hours prior to discipline report of student/athlete.

Example: School Administration reports to Athletic Office, noon Monday that Judas will be suspended from school. Student/Athlete game suspension will be affect on first day on or after Wednesday. Athlete will be able compete on Monday or Tuesday of the same suspension week.

Suspended student/athlete must attend athletic event with their respective team. Dressed in apparel determine by the head coach of the team. (NOTE: Student/athlete not attending scheduled suspended athletic event voids credit for suspension served.)

Suspension rule is still in affect for out of season athletes. Suspension will be served the first CIF regular season sanctioned match or game that student/athlete competes.

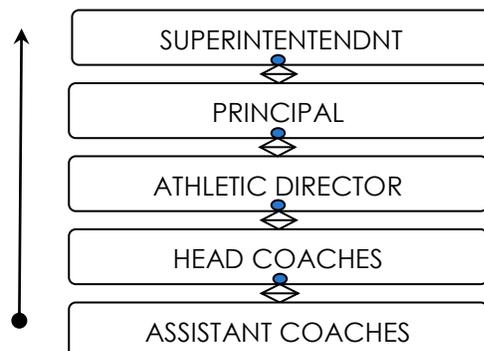
PARENT COMPLAINT PROCEDURES

Should a parent concern arise regarding any aspect of the Calvary Murrieta Athletic Ministry the following steps should be taken:

1. Contact the coach involved to make an appointment. Please **do not** confront a coach before or after a contest.
2. If the concern is not resolved with the coach please follow the line of authority shown below.

LINE OF AUTHORITY

Please Use the following line of authority when dealing with any athletic issues. First talk with your athletes Assistant coach, If needed you can also talk with the Head coach. If the issue can not be resolved, contact the Jr. High Athletic Director.



GRIEVANCE PROCEDURE

The grievance process is intended to be a process whereby concerns of alleged unfair treatment of athletes can be addressed in a timely manner. It is our belief that a quick and honest discussion between all parties will result in the positive resolution of concerns and an improvement of the atmosphere for both athletes and coaches.

The lists below of legitimate and non-legitimate grievances are intended to be guidelines, not an all- inclusive list.

L E G I T I M A T E G R I E V A N C E S :

- Failure to provide due process in disciplinary action.
- Failure to provide a fair opportunity to compete to make the team (cut-off).
- Mistreatment of athletes
- Putting students down
- Foul, inappropriate language
- Any violation of an adopted code: ethics, conduct, expectations.

N O N - L E G I T I M A T E G R I E V A N C E S :

- Athlete not given enough playing time.
- Athlete not playing the right position.
- Strategies used by the coach.
- Win/loss record of the team or coach.
- Quitting a team.

It is the intent that problems be resolved before coming to the formal grievance process. When a problem or concern develops between a student/parent and the coach and a meeting or discussion has been held but resolution was not achieved, the following procedure and time line should be followed.

At the request of the student/parent, a meeting shall be held involving the student/parent, coach and the athletic director. This meeting should take place within five working days of the statement that a problem exists which requires intervention. It is hoped that an acceptable solution will be agreed upon. Whether or not agreement is reached, an outcome of the meeting should be the clarification of:

- The nature of the problem-what part of which code was violated.
- Reason(s) for the problem.
- Prior communication that has taken place, from either or both parties.
- Efforts that have been made to correct the situation.
- Acceptable solutions for each party.

If the problem is not resolved, and the student/parent decides to pursue the grievance process, a written summary of the student/parent concern and a summary of the conference are to be submitted by the athletic director and the student/parent to the site principal for further consideration.

The principal/designee shall conduct a meeting as soon as possible, but no later than seven working days from the receipt of the grievance, with the student/parent, coach, athletic director, and other personnel deemed necessary. Whatever the determination of the principal, a written summary of the conference will be developed by the principal



and filed with the student's records for future reference or action. If agreement is reached and the problem is resolved, no further action is necessary.

As a Christ centered school, we welcome calls and/or conferences with parents and community members at large who have concerns about our policies or practices. It is imperative that we know when and what concerns students and parents have. Adjustments/changes in our policies or regulations will, to some degree, reflect the concerns expressed. However, grievances and appeals about our athletic policy and regulations must be based on violations of section(s) of the adopted codes of conduct, expectations, or ethics.

EXPECTATIONS OF PARENTS

K E E P I N G A T H L E T I C S I N P E R S P E C T I V E

- Emphasize that academics always come first.
- Assist the student to structure time wisely so that athletics do not interfere with academics.
- Use athletics as a way to teach our children how to react and interact with other people during tense situations. Help your athlete understand that athletic ability varies with body maturity and that effort is just as important as natural ability.

S U P P O R T I N G Y O U R S T U D E N T A T H L E T E

- Encourage participation by both girls and boys. Allow the student to select the sport based on his/her perceived ability and likes. Provide a pressure free environment regarding scholarship expectations.
- Be supportive of your athlete; see that his/her medical needs are met; see that he/she has proper equipment; attend as many of your child's contests as possible.
- Stress the importance of the complete athlete; mental, physical, and spiritual preparation.
- Do not emphasize "quitting" as the best way to solve problems, but rather perseverance.

S U P P O R T I N G T H E P R O G R A M

- Be supportive of the coaching staff. Go to all meetings requested by coaches. Being on a successful team is important to your athlete. Support the coaches' preparation plan. Talk to your athlete frequently about how things are going with his/her sport. Make arrangements to talk to the coaches privately and early about perceived problems.
- During the season, take into consideration practice and games when planning family events.
- Understand the needs of the particular sports. Some take more equipment, some take more time, and others may call for some form of year-round preparation.
- Support the school policy of no profanity, alcohol, illegal drugs, or tobacco.
- Model positive behavior towards everyone involved in the event as described in the five statements of Calvary Athletic life.



CODE OF CONDUCT FOR PARENTS/GUARDIANS AS STATED BY CIF

Athletic competition of interscholastic age children should be fun and should also be a significant part of a sound educational program. Everyone involved in sports programs has a duty to assure that their programs impart important life skills and promote the development of good character. Essential elements of character building are embodied in the concept of sportsmanship and six core ethical values: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character"™). The highest potential of sports is achieved when all involved consciously Teach, Enforce, Advocate and Model (T.E.A.M.) these values and are committed to the ideal of pursuing victory with honor. Parents/guardians of student-athletes can and should play an important role and their good-faith efforts to honor the words and spirit of this Code can dramatically improve the quality of a child's sports experience.

T R U S T W O R T H I N E S S

Trustworthiness — Be worthy of trust in all you do.

Integrity — Live up to high ideals of ethics and sportsmanship and encourage players to pursue victory with honor. Do what's right even when it's unpopular or personally costly.

Honesty — Live honorably. Don't lie, cheat, steal or engage in any other dishonest conduct.

Reliability — Fulfill commitments. Do what you say you will do.

Loyalty — Be loyal to the school and team; Put the interests of the team above your child's personal glory.

R E S P E C T

Respect — Treat all people with respect at all times and require the same of your student-athletes.

Class — Teach your child to live and play with class and be a good sport. He/she should be gracious in victory and accept defeat with dignity, compliment extraordinary performance, and show sincere respect in pre- and post-game rituals.

Disrespectful Conduct — Don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.

Respect for Officials — Treat game officials with respect. Don't complain or argue about calls or decisions during or after an athletic event.

R E S P O N S I B I L I T Y

Importance of Education — Support the concept of "being a student first." Commit your child to earning a diploma and getting the best possible education. Be honest with your child about the likelihood of getting an athletic scholarship or playing on a professional level. Reinforce the notion that many universities will not recruit student-athletes who do not have a serious commitment to their education. Be the lead contact for college and university coaches in the recruiting process.

Role Modeling — Remember, participation in sports is a privilege, not a right.

Parents/guardians too should represent the school, coach and teammates with honor, on and off the court/field. Consistently exhibit good character and conduct yourself as a positive role model.

Self-Control — Exercise self-control. Don't fight or show excessive displays of anger or frustration.



Healthy Lifestyle — Promote to your child the avoidance of all illegal or unhealthy substances including alcohol, tobacco, drugs and some over-the-counter nutritional supplements, as well as of unhealthy techniques to gain, lose or maintain weight.

Integrity of the Game — Protect the integrity of the game. Don't gamble or associate with gamblers.

Sexual Conduct — Sexual or romantic contact of any sort between students and adults involved with interscholastic athletics is improper and strictly forbidden. Report misconduct to the proper authorities.

F A I R N E S S

Fairness and Openness — Live up to high standards of fair play. Be open-minded, always willing to listen and learn.

C A R I N G

Caring Environment — Consistently demonstrate concern for student-athletes as individuals and encourage them to look out for one another and think and act as a team.

C I T I Z E N S H I P

Spirit of the Rules — Honor the spirit and the letter of rules. Teach your children to avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

TRANSPORTATION

Coaches will remind student-athletes to let their parents know who, where, game times, approximate return times, and any other pertinent information. Parents can also utilize the school's athletic website to stay informed. www.cmcsweb.com

Private cars may be utilized to assist in transporting our squads. All private transportation must be arranged through the head coach with assistance by a team-parent coordinator.

To contests: To enhance team unity, all athletes are required to ride in the vehicle that is assigned. *All athletes must return to school in the same vehicle. Any exceptions must have parental approval.* Prepare yourself mentally and spiritually for the upcoming contest while riding to a game. Take the time to conform yourself to God's Will and you'll reap the benefits of your preparation.

To practice: If you are driving or riding with someone else, you are to conduct yourself in a way that will be in line with God's principles, as well as school policies and principles. Remember, even though you are off campus, you are still the school's representative.

TRAVEL

Student/athletes are required to ride in the assigned vehicle to and from all contests and practices unless other arrangements are made. Students may ride home from a contest



with his/her parent/guardian **only**. Student/athletes must have a signed note from his/her parent/guardian if they are to ride home with an adult other than parent/guardian. Any of the above mentioned options must be cleared by the coach ahead of time. **At no time will a student/athlete be allowed to ride with another student driver to or from a contest.** Minimum dress attire for student/athletes at away contests will be defined in the student handbook and is consistent with the school dress code. The coach may specify a certain type of attire for the team at away contests.

D I S M I S S A L T I M E S

Students should contact the athletic office, main office, "This Week in Sports", or their teacher for dismissal times only. Please do not ask your coach. Teachers will not allow students to leave before the predetermined dismissal time posted on "This Week in Sports". Students who do not go to class will be considered truant and face school discipline procedures. An announcement will be made when it is time for students to be dismissed from class during the school day. At that time students will be able to leave class for their respective game(s).

ATHLETIC AWARD POLICIES AND PROCEDURES

As stated in our philosophy, we want our athletes to conform to the image of Jesus Christ and to have His character qualities. Therefore, awards in athletics will be based on how well you show these characteristics.

At the end of each season, a team banquet will be held for special recognition awards to be presented to certain athletes who show exceptional performance. Two standard awards are given in each sport. These are:

T H E P . A . C . T . A W A R D

Presented to the athlete who best shows spiritual leadership Christ-like character and spiritual insight. Pact stands for Practicing Attitudes Christ Taught.

L I F E I N T H E S P I R I T A W A R D

Given to the athlete who displays the best intensity in his performance. This athlete is to be best at what is spoken of in Colossians 3:17 & 3:23. He must give all he has at all times unselfishly unto the Lord.

Other awards based on character qualities will be given as they apply to the specific sport. Examples are: dependability, initiative, diligence, endurance, and will be announced by the coach at the start of the season in each sport.

C H A R A C T E R A W A R D S

One of the major goals of the Athletic Department is to develop character traits in our athletes that will make them more successful people and allow them to become more conformed to the image of Jesus Christ. Since this is a goal of our staff, we have decided to use athletic awards to recognize students who are succeeding in the area of character development.



CARE OF INJURED ATHLETES

Athletes must report all injuries to a coach immediately. The coach will then administer appropriate first aid, if needed following the school's emergency procedures.

The coach will make a decision whether an athlete should:

1. Return to practice or contest.
2. Return to modified practice.
3. Be transported to a hospital or a doctor.

If injury is serious enough to warrant modified practice, doctor, or hospital visit, the parent/guardian will be notified immediately through the emergency contact information provided by the parent/guardian.

The coach will fill out an accident report form and turn it into the Athletic Office within 24 hours of the incident. If the accident is serious enough to warrant a doctor or hospital visit, the athlete must secure from the doctor permission to practice or play. Coaches should keep accurate records of doctor or hospital visits or releases.

A complete first aid kit will be available at every team practice and game. The coach may secure kits and supplies from the Athletic Office through the Director of Operations.

Each coach must have in their possession a copy of the medical release form signed by the parent/guardian for each student-athlete on the roster. Medical release forms are also necessary for managers, statisticians, scorekeepers and other minors traveling with the team.

ATHLETIC INJURIES AND EMERGENCY CARE

To better inform our parents the following has been added so that you know our policy and procedures for emergency situations. In the absence of a certified athletic trainer, physician, emergency medical technician, or any other capable medical assistance, the head coach would be responsible for evaluating the injured athlete.

L I F E T H R E A T E N I N G I N J U R Y

Life-threatening injury is consistent with the definition of "serious bodily injury" which is bodily injury which creates a substantial risk of death or which causes serious permanent disfigurement, or protracted loss or impairment of the function of any bodily member or organ.

- a) Call 911 (if you are on-campus remember to dial 9. then give them the necessary information). Reaction time is critical.
 - i) Give EMS the following information
 - (1) Location (If on campus: 24275 Monroe Ave. Murrieta, CA 92562—Cross Street is Cal Oaks.
 - (2) Telephone number you are calling from.
 - (3) Person who is calling
 - (4) Nature of life threatening injury to the injured athlete (sudden illness, head, back, etc.) - **DO NOT TRY TO DIAGNOSE AN INJURY!**
 - (5) Condition of the injured athlete.
 - (6) What kind of first-aid is being given,
 - (7) How to gain access to the facility or area



- (a) Where they will be met
 - (i) Note the time of the call
 - (ii) Remain calm- DO NOT PANIC
- (8) Let EMS hang-up first.

- b) Have a First Aid / CPR certified, trainer, coach, or other qualified individual administer initial care to the best of his / her training and ability, until EMS arrives.
- c) Look up the athletes emergency consent to treat form and have it ready for EMS
- d) Call the parent/ guardian and/or the emergency contact number for the athlete which is found on the emergency consent to treat form
- e) While you are waiting for EMS to arrive and transport the athlete, have someone fill out an ACCIDENT REPORT FORM (Do this as soon as possible, while the injury is still fresh in mind). Once complete, the form should be placed in the Athletic Office.
- f) Appoint someone to go with the injured athlete and be sure they have the emergency information and the consent to treat forms with them.
- g) Be sure to follow-up with the injured athlete at the hospital or at home!

AFTER ANY MAJOR INJURY AS OCCURRED, IT IS A GOOD TIME TO REVIEW THE PLAN TO MAKE SURE IT WAS EFFECTIVE AND EFFICIENT.

N O N - L I F E T H R E A T E N I N G I N J U R Y

Non life threatening injury means physical pain, illness, or any impairment of physical condition.

If, in your opinion, an injury is a major injury, but not life-threatening, take the following steps:

- a) Have a First Aid / CPR certified club member(s), trainer, coach, or other qualified individual administer initial care to the best of his / her training and ability.
- b) Contact the athlete's parents. Inform them that it is not a life-threatening injury. They will determine if the athlete should be transported by the EMS, if the athlete should seek medical attention, or if the athlete should be released.
- c) A staff member or coach should stay with the athlete and gather pertinent information using the ACCIDENT REPORT FORM.
- d) **DO NOT DIAGNOSE AN INJURY TO THE ATHLETE, TO A BYSTANDER OR ON THE INJURY REPORT FORM.**
- e) Interview witnesses for additional information. (Get names and phone numbers)
- f) Fill out the ACCIDENT REPORT FORM completely. Do not share this information with anyone.
- g) Be sure to follow-up with the injured athlete at the hospital or at home!

F I R S T A I D K I T S

The school Athletic Ministry **recommends** each sport keep and maintain its own first-aid kit at any on-campus practice. The school Athletic Ministry **requires** a fully stocked first aid kit at off-campus practices, and ANY GAME or event (regardless of whether it is on or off-campus).

Contents of a fully-stocked first-aid kit are listed below. You will check out one First Aid Kit for your sport for the entire athletic season. It is the head coach's responsibility to



maintain a fully stocked first aid kit, using supplies provided by the school Athletic Ministry. Basic supplies include:

10 - Antiseptic cleansing wipes	1 - Anti-biotic ointment	10 - Assorted bandages
10 - Gauze Pads	5 - Sterile Dressing Pads	2 - Triangular Bandages
4 - Ace Bandages	5 - Instant Cold Compress	5 - Non Latex Glove Sets
1 - Scissors	1 - Tweezers	5 - Roles of Athletic Tape
1 - Contact/ Eye Solution	1 - First Aid Tape	3- Roles of Pre Wrap
1 - CPR Rescue Mask	5 - Ammonia Capsules	Sport Specific Items

EQUIPMENT CARE/ISSUE

Student athletes must return equipment to their coach no later than five (5) school days after the close of the season. If equipment is not returned within the five (5) day period, the student athlete will be billed for the cost of the equipment.

Uniforms are to be worn only for games or as designated by the coach. Student athletes are responsible for the care and maintenance of equipment and uniforms provided to them as a member of an athletic team. Student athletes will be billed for all equipment and uniforms not returned in good condition at the end of the season.

Any uniforms or equipment issued to an athlete are the athlete's responsibility to return in good shape.

Any athlete who does not return uniforms and/or equipment will have his report card held and costs for replacement charged to his school bill. An athlete will not be allowed to participate in another sport until all overdue uniforms, equipment, and fees have been turned in.

Uniforms are only issued at the beginning of the season once clearance and all fees are turned in by the player. This uniform is your responsibility. It is to be clean when you arrive for a game. The proper uniform will include shoes, socks, and the uniform required. If you do not have the "proper uniform" you will not be allowed to participate. The uniform is to be returned clean within one (1) week of the conclusion of the season. Lost or damaged uniforms must be paid for at the full cost of replacement by the end of the season. An average uniform replacement may cost in excess of \$200. Treat all school equipment with care. Put all equipment in storage after practice. It is here for your use. When it is lost or destroyed, it will then not be there for others to use. Students are not allowed to get equipment without the permission of their coach or the Athletic Director. School equipment is for use only in practices and games. School equipment may not be taken home or used for unauthorized "student games." Please follow special-care labels in laundering of all uniforms. The school supplies the majority of sports equipment, but personal items such as shoes, socks, practice clothes, protective padding (shin, elbow, arm, shoulder, & ribs) are the responsibility of the student. Students are responsible for any school -issued uniforms during the season and should be prepared to return them following the last scheduled contest. Students will be financially responsible for any damaged or lost uniform/equipment. When team members step into the playing arena for a contest, all must be dressed alike – shirts tucked in and in the same attire. Students are representing our team and school, not expressing their individuality.



EQUIPMENT

A student/athlete must turn in all equipment and uniforms from one sport before going out for the next sport. Failure to do so will result in added charges to the student/athlete's school bill.

VACATIONS/EVENTS AND ATHLETIC PERIODS

CMCS is fully aware that there are time periods when athletic participation is required and/or demanded by student-athletes during school holidays, sanctioned trips, and other school events. We attempt to schedule around these conflicting dates; however, there may be times when student-athletes will be asked to participate with their team for practices and/or contests which are scheduled at the same time. For student-athletes to be absent from any of these scheduled practices or contest, it may result in a reduced amount of participation (playing time) in a contest at the discretion of the coach.

Therefore, students desiring to become involved in athletics are asked to calculate the cost of participation. They must understand the level of commitment required to participate in that sport(s).

HEAD COACHES

The Head Coaches are the official designated representative of the CMCS in interscholastic athletic activities for their team. The Head Coach must have knowledge of their sport and have a heart for ministry through sports. The mission of the Head Coach is to provide for the overall leadership and direction of their team by pursuing Christ centered excellence on and off the field of play. The Head Coach's duties and responsibilities include:

I. **Chain of Command**

- a. Responsible to the Superintendent and works under the direction of the Athletic Director.

NOTE: The Coaches responsibilities are given, but are not limited to the standards below.

II. **General**

- a. Responsible for the spiritual leadership throughout their team including discipleship/small groups within the team, devotionals, prayer, and Christ-centered end of the season banquets.
- b. Encourage and demonstrate Godly sportsmanship at all times.
- c. Work with the Athletic Director to solve problems at the school level while supporting the ideas of the program/parent concern.
- d. Works within the athletic program budget for the team and gains approval for all expenditures with the AD before any action is made.
- e. Works with parents and the AD jointly to provide additional materials for your team.
- f. Represents Calvary Chapel Christian School's athletic ministry at League meetings as needed, Sports Nights, Coaches Meetings and daily life in this community.
- g. Supervises all fund-raising events connected with the team, and assumes responsibility for proper handling and accounting of finances involved.



- h. Responsible for administrating all interscholastic policies and procedures working within the confines of the rules and by-laws of leagues in the Jr. High program.
- i. Forwards accident reports after consultation with the athlete, and parent to the athletic office.
- j. Continually reviews the ongoing effectiveness of the program.

III. **Role With Assistant Coaches**

- a. Interview and hire prospective coaches according to the hiring process of the Athletic Ministry.
- b. Ensures that all coaches follow the letter and spirit of the Coaching Manual.
- c. Responsible to evaluate the coaching staff of each team with counsel from Athletic Director.
- d. Coordinate tryouts and team development to maximize athletic and spiritual growth.
- e. Manages coaches by way of meetings, one-on-one contact and personal observation.
- f. Communicate coaches' responsibilities, i.e., permission forms, supervision of athletes, training techniques, practice times, student pick-up after games, and practices. Encourages and provide resources for professional and spiritual growth of coaching staffs.
- g. Encourages coaches to communicate with the Head Coach and the Athletic Director.
- h. Keeps the coaching staff informed of the current rules and regulations.

IV. **Role With Student-Athletes**

- a. Supervises eligibility of students/ athletes.
- b. Assume the responsibility and supervision for the players conduct both on and off the field.
- c. Supervises recognition programs for school athletes.
- d. Conducts an organized try-out for student-athletes relative to sport and accepted by the NIAAA and NFHS community.

V. **Scheduling**

- a. Responsible for passing out all game schedules given from the Athletic Office.

VI. **Equipment and Facilities**

- a. Responsible for all recommendations for the improvement of adequate facilities.
- b. Supervise the cleaning, storage, and care of our facilities and all athletic equipment along with maintaining an up to date inventory.**
- c. Oversees uniform distribution and collection, equipment issued, inventory and requesting ordering of equipment necessary to participate in the sport.



VII. **Officials/ Support Personnel**

- a. Greets the officials and presents team captains for each game.

VIII. **Transportation**

- a. Demonstrate successful ability to transport students-athletes safely to contest.
- b. Secures appropriate directions for coaches/drivers, and parents from the athletic office.
- c. Fills out the Athletic Travel Info sheet; Include date, team, site, departure time, game time, return time and driver if applicable, for all times of transportation.

IX. **Preferred Qualifications Include**

- High school diploma or GED.
- High School, Middle School, or collegiate level coaching or playing experience.
- Availability to attend all practices and games as scheduled from start to finish.
- Demonstrate successful management and organization skills.
- Demonstrate successful personality and character traits appropriate to educational leadership.
- Demonstrate successful effective verbal and written communication skills in a positive manner with parents and student-athletes.
- Demonstrate successful and genuine support for CCCS and Calvary Chapel Murrieta
- Demonstrate ability to develop and maintain a disciplined program.
- Demonstrate successful knowledge of the respective coaching category.
- Demonstrated successful ability to follow the National Federation of High Schools Coaches Code of Conduct and the California Interscholastic Federation Coaches Code of Conduct.
- Organize and Attend camps to develop athletic growth

X. **Specific to the Sport:**

XI. **Terms and Conditions of Employment**

- a. Employment as coach at CCCS is on a year to year basis.
- b. School Administration approval.
- c. Must be 21 years of age and possess a valid California Driver's License
- d. Must provide Pastor Recommendation that demonstrates a successful Christian Walk.
- e. Salary: Based on stipend schedule
- f. Must pursue further education of specific sport.
- g. ASEP Coaching Education Principles Course – Bronze Level
- h. AACCA Safety Certification with NFHS



XII. **Application Procedure**

- a. Complete the application linked below by one of the following methods:
 1. Download the online Athletic Ministry Application :
<http://www.cmcsweb.com/uploads/file/documents/athletics/athletic-coaches-application.pdf>
 2. Fill out this form and mail to CMCS Attention Athletic Office.
- b. By completing this application, you are only expressing a desire to serve with Calvary Chapel Christian School. Because you have completed an application it does not mean that you are accepted as a Coach.
- c. Send out your pastoral reference and inform your other references that the Athletic Ministry staff will be contacting them shortly.
- d. The School office will screen your application and return it to the Athletic Office with their comments.
- e. The Athletic Ministry staff will then review your application to determine if you will move on to the final round of this process.
- f. If you have been selected as a final applicant, the Athletic Ministry staff will notify you and set up an interview.
- g. If you have any questions as you complete this application, contact the Athletic Ministry Office at 951-834-9190 x1262 or email:
knicholson@calvarymurrieta.com

ASSISTANT COACHES

1. Assistant coaches are assigned by the head coach, with the approval of the Athletic Director and Principal.
2. Carry out the program planned by the head coach, to be whatever assistance is required, and to perform delegated duties set forth by the head coach.
3. Follow all school policies.
4. Assist in preparing facilities.
5. Help issue equipment, check in equipment, and take inventory.
6. Assist in supervision.
7. When an assistant coach is in charge of the team, the responsibilities of the head coach will then apply to him/her.
8. Remain loyal to head coach and program.

